

THE WATER'S EDGE RETREAT

AUTUMN NEWSLETTER

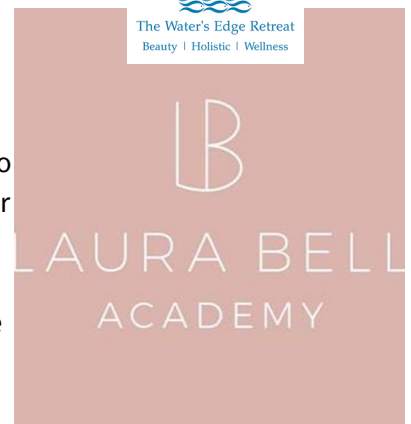


The Water's Edge Retreat

Beauty | Holistic | Wellness

Laura Bell Training Academy

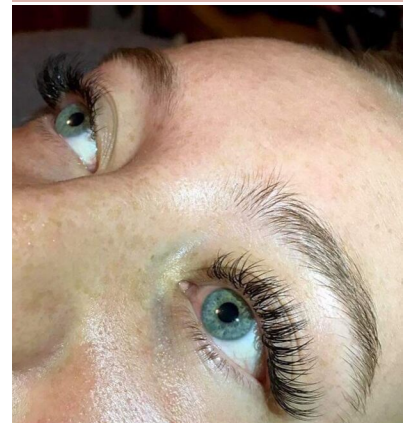
Very exciting news !!! We have teamed up with the very successful Laura Bell Training Academy in Falmouth to offer her guild accredited courses here at The Water's Edge Retreat. It is a great collaboration so there are very exciting times ahead . We will be able to offer many more courses dates and also teach larger groups too . Please do get in touch for more information . The first course will be Manicure and Pedicure. Keep an eye on our Facebook page @wateredgetretreat or @laurabellacademy for upcoming beauty therapy training. We look forward to growing our Training Academy and offering more dates, more courses and more opportunity for those budding Beauty Therapists.



Beth's Beauty

Our wonderful Beauty Therapist Beth has increased her hours here at The Water's Edge Retreat so is now available on a Tuesday, Friday and Saturday for all your beauty needs. She is experienced in all areas of beauty, waxing, tinting, lash lifting, massage / facials, spray tanning, nail extensions, manicures, pedicures but her special area of expertise are her amazing lashes. She can do Classic Lash Extensions or for more volume, Russian Lash Extensions and her results are just perfection.

As a special offer for our Newsletter readers she is offering a full set of Classic or Russian lashes at a discount of 20% for the whole of October 2019. Call us now to book on 01736 603510 quoting OCTOBERLASHES and we will get you booked in. Please note, you will require a patch test at least 48hrs before your appointment.



Shelley's Therapies

Are you in need of some time to yourself after the kids have gone back to school?? or have you been working so hard throughout the summer?? Take advantage of this stress busting offer for Autumn. Time for you package includes: Back Scrub, Back Massage, Express Facial, incorporating Head Massage, Foot Scrub and Foot Massage £50 for 90 minutes. Please text Shelley's Therapies 07543293261 to book! Available Monday- Wednesday at The Water's Edge Retreat and Thursday mornings for home visits. Subject to availability throughout September and October only!

AUTUMN OFFER

Time for you !

package

£50



Tracy Atma Healing

Chakra Balancing

Experience the relaxing and restorative effects of Chakra Balancing with our Reiki Practitioner Tracy. When your Chakras are balanced you feel relaxed, centred, grounded, energised and aware. The treatment helps release negative emotional and physical stress energies from the body, restoring a harmonious flow of energy across your Chakra system.

For information or to book an appointment contact Tracy on

07765140319 or visit www.atmahealing.co.uk

60 min consultation / treatment - £40



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MooGoo

We have just had a new delivery of MooGoo stock arrived at The Water's Edge Retreat including their Make-up range and delicious Vanilla Cream candles. We are all big fans of MooGoo here and cannot recommend their products enough. If you have skin conditions then this is definitely the brand for you but even if you don't these products are so lovely you will want to use them too. The natural, gentle ingredients will be kind to your skin, in fact they are so natural their products are safe to be used from birth and all come from sustainable sources. None of their products are tested on animals and many of them are vegan. Come down and see our extensive range and try some for yourself!

Cosmetic Acupuncture with Keely

Have you ever considered cosmetic surgery or Aesthetics to rejuvenate and uplift your facial features but the price tag or chemicals really do not appeal to you? If so cosmetic acupuncture could be the answer for you. Keely is now offering Cosmetic Acupuncture 1 Hour treatment for £55.00 Cosmetic Acupuncture is a natural treatment for Anti-Ageing, Skin Rejuvenation and specific skin conditions. It can help improve so many issues related to these things and will leave you feeling so incredible relaxed and renewed.

For more information please contact Keely on 07930 588777 or to book your appointment call our Reception team on 01736 603510 or book online at www.thewatersedgeretreat.org

Coastal Aesthetics

Our brilliant Rachel from Coastal Aesthetics is going from strength to strength and constantly developing with professional training and adding more strings to her bow. This month she brings you Chemical Peels and WOW Fusion.

Chemical Peels are a safe and effective treatment for improving ageing, acne, discolouration or sensitive skin / rosacea. They speed up the exfoliation process, encouraging cell turnover leaving the skin looking fresh and healthy.

WOW Fusion is a unique needling device that allows WOW Fusion serum to be delivered into the skin for the ultimate rejuvenation effect. It's delivered via 20 gold plated titanium needles as fine as human hair. The serum improves hydration, texture, tone and structure of the skin. The device stimulates collagen and elastin through the skins natural healing process.

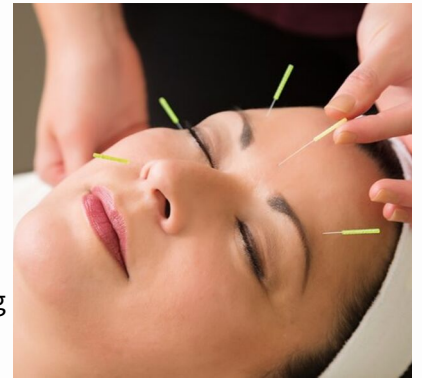
For more information or to book an appointment contact Rachel on 07702882604

Christmas

It's not long until those Christmas parties will be coming around so don't forget to make sure you've got all your beauty needs covered and get your Christmas appointments booked in soon. These appointments are starting to fill up fast with our regulars getting organised early so don't miss out, book soon.

Why not get your Christmas shopping done early and treat your loved ones with a Water's Edge Retreat voucher so they can start 2020 as they mean to go on ❤️

MooGoo
Natural solutions for skin problems



Contact us: ☎ 01736 603510 / 07761367438



www.thewatersedgeretreat.org



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If you take the turning between Julian Foye and the charity shop you will find us at the end of that road